

BEREAVEMENT SUPPORT SERVICES IN ANNE ARUNDEL COUNTY

The Life Center | Hospice of the Chesapeake

445 Defense Hwy, Annapolis MD 21401

410-987-2129 | visit hospicechesapeake.org/the-life-center

Provides a variety of grief support services, including support groups, individual counseling, summer camps, and specialized grief support classes and events. Specialized support groups include perinatal loss support groups, widows/widowers support groups, groups for children and for those who have lost a loved one due to suicide. Services are provided at The Life Center office, as well as at other locations.

Baltimore Washington Medical Center

301 Hospital Drive, Glen Burnie MD 21061 | 410-987-2129

Offers bereavement support groups throughout the year, provided by The Life Center. Call for more information and to register.

Bereaved Parents of the USA

Meetings at Calvary United Methodist Church, First Thursday of the month at 7:15 PM

301 Rowe Blvd, Annapolis MD 21401 | 410-721-1359 | bereavedparentsusa.org

Provides monthly support groups, phone support, a newsletter, conferences, and special memorial programs throughout the year. Their mission is to help grieving parents and families rebuild their lives following the death of a child of any age. Parents, grandparents, siblings and other family members are welcome to participate.

Miscarriage, Infant Death and Stillbirth (MIS) Support Group

Holy Cross Resource Center, Silver Spring, MD | 301-681-5784 | Meets First Wednesday of the month

MIS is a support group for parents who have suffered a pregnancy loss or infant loss. MIS also runs *Isaiah's Promise*, a support program for parents continuing a pregnancy after a severe or fatal diagnosis.

Hospice Caring

518 S. Frederick Ave | Gaithersburg MD 20877

301-869-4673 | email hospice@hospicecaring.org

A non-medical volunteer hospice in Montgomery County providing free practical and emotional support for terminally ill adults and for people grieving the death of a loved one. Services include adult bereavement support groups and children's bereavement programs.

The Compassionate Friends

Meetings are held at United Parish of Bowie Second Thursday of the month 7:00 PM

2515 Mitchelville Rd, Bowie MD 20716 | 301-627-7315

Assists families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. The volunteer organization offers support groups, memorial services, conferences and information and referral. Call for more information or email janwithers123@yahoo.com

Baltimore Survivors of Suicide Support Group

Meetings held at Church of the Redeemer on Second & Fourth Tuesday of the month 7:30 PM – 9:00 PM
5603 N. Charles Street, Baltimore MD 21210 | 410-435-7333 or 410-322-2000

A survivor facilitated support group for anyone who has lost a loved one to suicide. The organization provides support groups, information and resources, an e-newsletter and special events.

Center for Infant and Child Loss

University of Maryland | 800-808-7437 | infantandchildloss.org

Provides information and referrals for families who have lost an infant or child. Services include educational information, community outreach and peer support.

Changing Focus

1657 Crofton Pkwy, Crofton MD 21114 | 410-721-0992 | changingfocus.org

Changing Focus is an organization which provides a variety of support groups, including *The Healing Journey Support Group* for persons who have lost a spouse or partner. Meetings Wednesdays at 7:00 PM.

Family Bereavement Center for Baltimore City

10 North Calvert Street, Baltimore MD 21202 | 410-396-7351

A service of the Baltimore City State's Attorney's Office. Provides counseling for adults and children who have lost a loved one from homicide. Serves residents of Baltimore City and non-residents if the homicide occurred in Baltimore City.

GriefShare

800-395-5755

Provides grief seminars and support groups throughout the country and internationally. Call for a location near you and to register. griefshare.org

Calvert Hospice

255 Comet Drive, Prince Frederick MD 20678 | 410-535-0892

Provides individual grief counseling, bereavement support groups and children's grief camps for persons in Calvert County. calverthospice.org

Hospice of Queen Anne's County

255 Comet Drive, Centerville MD 21617 | 443-262-4109

Provides grief management classes, children's groups, children's weekend camps and other support services. Services are for residents of QA County. No fee. hospiceofqueenannes.org

Capital Caring / Capital Hospice

855-571-5700

Provides grief support groups, classes and special programs throughout D.C. capitalcaring.org

HOSPITAL SPONSORED BEREAVEMENT SUPPORT GROUPS

Baltimore Washington Medical Center

General Bereavement Support Group

Group Series are scheduled throughout the year

Contact The Life Center to Register: 410-987-2003

Anne Arundel Medical Center

Prenatal Loss Support Group

First Monday of the Month

Meets at St. Andrew's United Methodist Church

4 Wallace Manor Road, Edgewater, MD

Contact Ann O'Sullivan 410-570-2164

St. Agnes Hospital

Provides information and referral to the community.

The Hope Program provides individual grief counseling to adults at no cost.

Contact Jen at 410-368-2970 for an appointment or more information. stagnes.org

Doctor's Community Hospital

General Bereavement Support Group

First and Third Thursdays of the month

10:00 AM – 11:30 AM

Contact Capital Hospice to Register: 301-883-0866

ADDITIONAL BEREAVEMENT SERVICES

> Chesapeake Life Center

90 Ritchie Highway, Pasadena

Contact: 888-501-7077 (registration is required)

www.chesapeakelifecenter.org

> AA County Dept of Aging and Disabilities/Grief Counseling Program

410-222-4369

www.aacounty.org/aging

> Baltimore Washington Medical Center

301 Hospital Drive

Glen Burnie MD 21061

410-987-2129 | Contact The Life Center to Register: 410-987-2003

> Changing Focus

1657 Crofton Pkwy, Crofton MD 21114

410-721-0992

Wednesdays at 7:00 PM | changingfocus.org

> The Life Center

Hospice of the Chesapeake

445 Defense Hwy, Annapolis MD 21401

410-987-2129

hospicechesapeake.org/the-life-center

ONLINE HELP GUIDE

<https://www.helpguide.org/articles/grief/coping-with-grief-and-loss.htm>